

PRICE LIST OF SERVICES

OBSTETRICS

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| <i>Cervical stitch / LOS up to 2 days</i> | <i>3 000,00 PLN</i> |
| <i>Delivery + LOS up to 2 days</i> | <i>6 500,00 PLN</i> |
| <i>Epidural analgesia of labour (when medically recommended or on patient's request)</i> | <i>1 200,00 PLN</i> |
| <i>Caesarean delivery (elective and emergency) + LOS up to 3 days</i> | <i>9 000,00 PLN</i> |
| <i>Treatment in the Obstetrics Department (Perinatal Section) – first 24h</i> | <i>2 500,00 PLN</i> |
| <i>Treatment in the Obstetrics Department (Perinatal Section) – subsequent 24h periods</i> | <i>600,00 PLN/24h</i> |
| <i>Patient's stay in the Obstetrics Department – subsequent 24h periods</i> | <i>600,00 PLN / 24h</i> |

NEONATOLOGY

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| <i>Newborn care – birth weight over 2500g - up to 2 days</i> | <i>2 500,00 PLN</i> |
| <i>Newborn care – birth weight 2000g - 2500g - up to 2 days</i> | <i>3 000,00 PLN</i> |
| <i>Newborn care – birth weight 2000 g and over - subsequent 24-hour periods</i> | <i>600,00 PLN / 24h</i> |
| <i>Newborn intensive care</i> | <i>1 500,00 PLN / 24h</i> |
| <i>Newborn care – below 37 Hbd or/and birth weight below 2000g up to 30 days</i> | <i>1 500,00 PLN/ 24h</i> |
| <i>Newborn care – below 37 Hbd or/and birth weight below 2000g - subsequent 24-hour periods</i> | <i>1 000,00 PLN/ 24h</i> |
| <i>Newborn care – below 28 Hbd or/and birth weight below 1000g up to 30 days</i> | <i>4 000,00 PLN/ 24h</i> |
| <i>Newborn care – below 28 Hbd or/and birth weight below 1000g up to 31-60 days</i> | <i>1 500,00 PLN/ 24h</i> |
| <i>Newborn care – below 28Hbd or/and birth weight below 1000g - subsequent 24-hour periods</i> | <i>1 000,00 PLN / 24h</i> |

GYNECOLOGIC DIAGNOSTICS

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| <i>Gynecologic diagnostics (i.a., qualification and preparation for a surgical procedure) (LOS 1day)</i> | <i>2 000,00 PLN</i> |
| <i>SONO HSG - hysterosalpingography – evaluation of the uterine cavity structures and the Fallopian tubes patency, under general anesthesia</i> | <i>2 000,00 PLN</i> |

GYNECOLOGIC PROCEDURES

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| <i>Cervical conization</i> | <i>3 000,00 PLN</i> |
| <i>Curettage of the cervical canal and the uterine cavity, sampling biopsy specimens, histopathological examinations (LOS 24h)</i> | <i>2 000,00 PLN</i> |
| <i>Insertion of an intrauterine device (LOS 24h, price of the device included, under general anesthesia)</i> | <i>2 500,00 PLN</i> |

HYSTEROSCOPIES

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| <i>Diagnostic hysteroscopy (LOS up to 2 days)</i> | <i>4 000,00 – 5 000 PLN</i> |
| <i>Surgical hysteroscopy (LOS up to 2 days)</i> | <i>4 000,00 – 5 000 PLN</i> |

GYNECOLOGIC OPERATIONS

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| <i>Other uncommon operations not included in the price-list*</i> | 8 000,00 – 12 000,00 PLN |
| <i>Diagnostic laparoscopy (LOS up to 2 days)</i> | 8 000,00 – 12 000,00 PLN |
| <i>Laparohysteroscopy</i> | 8 000,00 – 20 000,00 PLN |
| <i>Laparoscopic repair of cesarean section scar</i> | 8 000,00 – 18 000,00 PLN |
| <i>Surgical treatment of urinary incontinence (LOS up to 3 days)</i> | 7 500,00 – 10 000,00 PLN |
| <i>Adnexal operations, abdominal and laparoscopic myomectomy (LOS up to 4 days)</i> | 8 000,00 – 18 000,00 PLN |
| <i>Circular cervical suture (LOS up to 3 days)</i> | 6 000,00 – 7 000,00 PLN |
| <i>Transabdominal cervicoisthmus cerclage</i> | 8 000,00 – 12 000,00 PLN |
| <i>Abdominal / vaginal / laparoscopic total or sub-total hysterectomy (LOS up to 4 days)</i> | 8 000,00 – 18 000,00 PLN |
| <i>Surgical enucleation of Bartholin's gland cyst (LOS up to 2 days)</i> | 2 500,00 – 3 500,00 PLN |
| <i>*The cost of the procedure is determined individually during consultation depending on the kind of planned operation and the severity of patient's condition</i> | |

ENDOMETRIOSIS

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| <i>Uncommon operations, i.a., surgical procedures for endometriosis (LOS up to 5 days)</i> | 8 000,00 – 45 000,00 PLN* |
| <i>*The cost of the procedure is determined individually during consultation depending on the kind of planned operation and the severity of patient's condition</i> | |

COLPOPERINEOPLASTY

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| <i>Labioplasty (LOS up to 3 days)</i> | 7 000,00 – 10 000,00 PLN |
| <i>Surgical treatment of genital prolapse (LOS up to 4 days)</i> | 9 000,00 – 12 000,00 PLN |
| <i>Surgical treatment of genital prolapse using biomedical materials (LOS up to 4 days)</i> | 10 000,00 – 13 000 PLN |
| <i>Aesthetic colpoperineoplasty*</i> | 9 000,00 – 12 000 PLN |

OTHER SERVICES

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| <i>Extra charge for accommodation in a family room or a premium single-patient room</i> | |
| <i>24h</i> | 1000,00 PLN |
| <i>Doctor consultation in the Emergency Room</i> | 260,00 PLN |
| <i>Doctor consultation in the Emergency Room with ultrasound</i> | 350,00 PLN |
| <i>Doctor consultation in the Emergency Room with immunoglobulin GAMMA ANTY-D 50 given</i> | 450,00 PLN |
| <i>Doctor consultation in the Emergency Room with immunoglobulin GAMMA ANTY-D 150 given</i> | 575,00 PLN |
| <i>Medical treatment in the Gynecology Department – first 24h</i> | 2 500,00 PLN |
| <i>Medical treatment in the Gynecology Department – subsequent 24-hour periods or a longer stay following an operation or a procedure</i> | 600,00 PLN / 24h |
| <i>Performance of an operation by a chosen doctor (does not include the cost of the operation itself)*</i> | 1 000,00 PLN* |
| <i>Performance of a procedure by a chosen doctor (does not include the cost of the procedure itself)*</i> | 500,00 PLN* |
| <i>Performance of an operation by a chosen doctor – a professor or an associate profesor (does not include the cost of the operation itself)*</i> | 1 500,00 PLN* |
| <i>Application of anti-adhesion prophylaxis</i> | 800,00 PLN |
| <i>Analgesia for minor procedures</i> | 1 200,00 PLN |

**Operative procedure with the participation of "Żelazna" Medical Center consultant doctor*

AMBULATORY SERVICES

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| <i>Andrologic consultation</i> | <i>200,00 – 250,00 PLN</i> |
| <i>Dermatological consultation</i> | <i>250,00 PLN</i> |
| <i>Dietary consultation – 1st visit</i> | <i>190,00 PLN</i> |
| <i>Dietary consultation – subsequent visits</i> | <i>160,00 PLN</i> |
| <i>Personalized menu – 7 days</i> | <i>180,00 PLN</i> |
| <i>Personalized menu – 14 days</i> | <i>250,00 PLN</i> |
| <i>Nutrition plan with dietary recommendations</i> | <i>290,00 PLN</i> |
| <i>Genetic consultation (adults and children)</i> | <i>160,00 PLN</i> |
| <i>Gynecologic consultation - Outpatient Clinic</i> | <i>200,00 PLN – 450,00 PLN</i> |
| <i>Lactation consultation</i> | <i>180,00 PLN</i> |
| <i>Lactation consultation – twins</i> | <i>240,00 PLN</i> |
| <i>Frenectomy during the lactation consultation</i> | <i>100,00 PLN</i> |
| <i>Adult ophthalmology consultation</i> | <i>280,00 PLN</i> |
| <i>Midwife consultation (a visit included in midwife-led antenatal care program)</i> | <i>180,00 PLN</i> |
| <i>Midwife consultation (Gender planning)</i> | <i>180,00 PLN</i> |
| <i>Psychological consultation</i> | <i>150,00 PLN</i> |
| <i>Couple therapy consultation</i> | <i>225,00 PLN</i> |
| <i>Sexological consultation</i> | <i>150,00 PLN</i> |
| <i>Adult rehabilitation consultation</i> | <i>220,00 PLN</i> |
| <i>Children neurological consultation</i> | <i>220,00 PLN</i> |
| <i>Neurologopedic consultation</i> | <i>180,00 PLN</i> |
| <i>Pediatric ophthalmology consultation</i> | <i>280,00 PLN</i> |
| <i>Pediatric consultation</i> | <i>190,00 – 250,00 PLN</i> |
| <i>Pediatric rehabilitation consultation</i> | <i>180,00 PLN</i> |
| <i>Consultation of the frenulum of the tongue with frenotomy (after referral from a lactation consultant)</i> | <i>250,00 PLN</i> |
| <i>Infectious disease specialist consultation</i> | <i>200,00 PLN</i> |
| <i>Adult vaccination qualification (BOOSTRIX)</i> | <i>130,00 PLN</i> |
| <i>Kinesiology taping</i> | <i>50,00 – 80,00 PLN</i> |
| <i>Therapeutic massage in pregnancy</i> | <i>200,00 PLN</i> |
| <i>Newborn massage - individual lessons for parents (60 min) - 1 parent + child</i> | <i>250,00 PLN</i> |
| <i>Newborn massage - individual lessons for parents (60 min) - 2 parents + child</i> | <i>300,00 PLN</i> |
| <i>Integrative scar therapy - first visit (60 min)</i> | <i>200,00 PLN</i> |
| <i>Integrative scar therapy - subsequent visit (60 min)</i> | <i>150,00 PLN</i> |
| <i>SONO HSG</i> | <i>600,00 PLN</i> |
| <i>SONO HSG WITH LIPIODOL</i> | <i>2 690,00 PLN</i> |
| <i>Pelvic floor muscle physical therapy</i> | <i>200,00 PLN/40 min</i> |
| <i>Package: Pelvic floor muscle physical therapy (3 visits)</i> | <i>540,00 PLN</i> |
| <i>Package: Pelvic floor muscle physical therapy (5 visits)</i> | <i>850,00 PLN</i> |
| <i>Qualification visit for childbirth at the Birth Centre</i> | <i>200,00 PLN</i> |
| <i>Issuing a medical certificate</i> | <i>50,00 PLN</i> |
| <i>*Consultation in foreign language</i> | <i>50,00 PLN (extra charge)</i> |

PHOTOTHERAPY

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| <i>BiliSoft – socket/ 1 pc.</i> | 3,00 PLN |
| <i>BiliSoft – pad cover/ 1 pc.</i> | 3,00 PLN |
| <i>BiliSoft – lamp rental (service only available for patients under diagnostic and healing process in „Żelazna” Medical Center)</i> | 100,00 PLN |
| <i>BiliSoft – goggles/ 1 pc.</i> | 6,00 PLN |

PAIN MANAGMENT CLINIC

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| <i>Consultation – 1st visit (40 min)</i> | 300,00 PLN |
| <i>Consultation – subsequent visit (20 min)</i> | 250,00 PLN |
| <i>Treatment visit (20 min)</i> | 250,00 PLN |
| <i>Peripheral block (suprascapular, occipital, abdominal wall, erector spinae, knee nerves)</i> | 600,00 PLN |
| <i>Pudendal nerve block</i> | 800,00 PLN; mutually – 1000,00 PLN |
| <i>Central locking via cross hiatus</i> | 800,00 PLN |
| <i>Central blockade of the stellate ganglion</i> | 800,00 PLN |
| <i>Urinary bladder enemas</i> | 200,00 PLN |

PRELUXATION CLINIC

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| <i>Orthopedic visit with usg examination</i> | 350,00 PLN |
| <i>Orthopedic subsequent visit with usg examination</i> | 350,00 PLN |
| <i>Install the orthosis after a previous examination</i> | 100,00 PLN |
| <i>Follow-up visit after starting to walk</i> | 250,00 PLN |
| <i>Follow-up visit after starting to walk + usg examination</i> | 350,00 PLN |

OTHER SERVICES

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| <i>Endometrial aspiration biopsy - pielle</i> | 320,00 PLN |
| <i>After atropine examination</i> | 30,00 PLN |
| <i>Electrocoagulation</i> | 350,00 PLN |
| <i>Colposcopy with consultation</i> | 250,00 – 330,00PLN |
| <i>Cryotherapy</i> | 350,00 PLN |
| <i>Cryotherapy – skin change up to 1 cm (small change)</i> | 75,00 PLN |
| <i>Cryotherapy – skin change (big area)</i> | 200,00 PLN |
| <i>Cryotherapy – skin change (continuation of therapy)</i> | 30,00 PLN |
| <i>Urodynamic examination</i> | 800,00 PLN |
| <i>Cubical pessar</i> | 180,00 PLN |
| <i>Obstetric pessar</i> | 210,00 PLN |
| <i>Intramuscular injection</i> | 30,00 PLN |
| <i>Skin change removal</i> | 250,00 PLN |
| <i>Vulvoscopy</i> | 150,00 PLN |
| <i>Contraceptive vaginal ring insertion</i> | 100,00 PLN |
| <i>Non-hormonal intrauterine device insertion (includes chosen doctor visit and the device)</i> | 600,00 PLN |

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| <i>Patient's non-hormonal intrauterine device insertion (includes chosen doctor visit)</i> | 500,00 PLN |
| <i>Mirena or other hormonal intrauterine device insertion (includes chosen doctor visit and the device)</i> | 1200,00 PLN |
| <i>Patient's Mirena intrauterine device insertion (includes chosen doctor visit)</i> | 500,00 PLN |
| <i>Removal ring insertion</i> | 100,00 PLN |

TELEPHONE MEDICAL CONSULTATION AND ONLINE SERVICES

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| <i>Gymnastic exercises (online)</i> | 25,00 PLN / 1 class |
| <i>Gynecologic consultation (phone call)</i> | 150,00 – 300,00 PLN |
| <i>Lactation consultation (phone call)</i> | 110,00 PLN |
| <i>Urogynecological physiotherapist consultation</i> | 150,00 PLN |
| <i>Pregnancy yoga (online)</i> | 30,00 PLN / 1 class |
| <i>Postnatal yoga for mothers with children</i> | 30,00 PLN / 1 class |
| <i>Birth school in a nutshell (online)</i> | 450,00 / course |
| <i>Individual preparation for childbirth (online)</i> | 600,00 PLN |
| <i>Individual preparation for childbirth (online) in english</i> | 700,00 PLN |
| <i>Webinar with a physiotherapist</i> | 60,00 PLN |
| <i>Webinar for teenage girls</i> | 20,00 PLN |
| <i>Online „Birth rehearsal” workshop</i> | 120,00 PLN |
| <i>Lactation consultation (online)</i> | 150,00 PLN |
| <i>Recipe advice</i> | 50,00 PLN |

HOME VISITS

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| <i>Individual preparation for childbirth</i> | 700,00 PLN |
| <i>Individual preparation for childbirth in English</i> | 800,00 PLN |
| <i>Post-partum nursing visit</i> | 300,00 PLN / 2h 120,00 PLN / each subsequent hour |
| <i>Lactation visit</i> | 300,00 PLN (up to 2h) 120,00 PLN/ each subsequent hour |
| <i>Lactation visit/twins</i> | 400,00 PLN PLN (up to 2h) |
| <i>In-home suture removal</i> | 150,00 PLN |
| <i>In-home suture removal (during nursing or lactation visit)</i> | 120,00 PLN |

COURSES AND GROUP CLASSES

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| <i>Birth School</i> | 600,00 PLN |
| <i>Individual preparation for childbirth (stationary)</i> | 700,00 PLN |
| <i>Individual preparation for childbirth (hybrid)</i> | 700,00 PLN |
| <i>Weekend Birth School</i> | 700,00 PLN |
| <i>Weekend Birth School in English (weekend)</i> | 700,00 PLN |
| <i>Parent Education Workshops</i> | 80,00 / person 160,00 PLN / couple |
| <i>Complementary course for women qualified for Caesarean delivery</i> | 300,00 PLN |

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| <i>Birth Rehearsal (breathing and relaxation exercise – 1 meeting)</i> | 120,00 PLN / person 200,00 PLN / couple |
| <i>Birth Rehearsal workshops</i> | 170,00 PLN / person 250,00 PLN / couple |
| <i>Babywearing workshops</i> | 180,00 PLN / person 250,00 PLN / couple |
| <i>Babywearing individual meeting</i> | 390,00 PLN |
| <i>Pregnancy fitness classes</i> | 40,00 PLN / 1 class 120,00 PLN / pass (4 classes) |
| <i>Pregnancy yoga *</i> | 75,00 PLN / 1 class 280,00 PLN / pass (4 classes) |
| <i>Postnatal yoga*</i> | 75,00 PLN / 1 class 280,00 PLN / pass |
| <i>Shantal massage for infants – 4 meetings</i> | 250,00 PLN |
| <i>First aid course for children (4h)</i> | 280,00 PLN / person |
| <i>Pelvic floor muscle rehabilitation</i> | 120,00 PLN / month |
| <i>*Classes in English</i> | 80,00 PLN / 1 class 300,00 PLN / pass (4 classes) |